

Evening Menu

Served from 5-9pm



Welcome

We use the finest local, high quality produce wherever possible, so we hope you enjoy your meal. Do ask if we can make tweaks to your meal to meet dietary requirements or preferences and we'll do our best. Full allergen information is available online and from our front of house team.

Starters

- Farmhouse pate** (GFO) £7.95
Served with mixed leaves, red onion marmalade and melba toast
- Garlic and herb stuffed avocado** (GFO/VG) £7.95
Oven baked avocado with cream cheese and red onion chutney
- Classic prawn cocktail** (GF) £8.95
Atlantic prawns served with marie rose sauce, baby gem lettuce and cucumber

Stable Bar classics

- West Country hand cut gammon** (GFO) £11.95
Served with honey glazed pineapple, Cornish free range fried egg and chips
- Grilled chicken breast** £12.95
Served with a wild mushroom sauce, new potatoes and seasonal vegetables
- Stable Bar burger** (GFO) £12.95
Homemade 200g prime steak burger, topped with melted cheddar, smoked streaky bacon, lettuce and sundried tomato paste served with chips, homemade onion rings and coleslaw
- Beef lasagne** £12.95
Layers of beef ragu topped with mozzarella, served with garlic bread and a side salad

From the sea

- Breaded scampi** £11.95
Served with chips, side salad and a homemade tartar sauce
- Grilled Cornish mackerel** (GF) £11.95
Locally sourced mackerel fillets with a homemade fruity and spicy barbecue sauce, served with a marinated pepper salad
- Fish and chips** £12.95
Beer battered fillet of cod served with deep-fried gherkin, mushy or garden peas, pickled egg, chips and tomato sauce

Vegetarian & Vegan

- Beetroot burger** (GF) £11.95
Served in a vegan friendly bun, with a sundried tomato & rocket salad, homemade onion rings and chips
- Barbecue lentil & seed burger** (GF) £12.95
A burger packed full of flavour and texture, layered with ripe tomatoes, red onion and topped with rocket leaves, served with chips and homemade onion rings

Westcountry steaks

- Rump** (GFO) £17.95
- Sirloin** (GFO) £19.95
- Ribeye** (GFO) £23.95
- Served with grilled vine tomatoes, stuffed mushroom, homemade onion rings, straw potatoes, watercress garnish and a complimentary butter of your choice.

Choose from one of our homemade butter combinations to compliment your steak. Plus additional sauces available too.

- | Butters | Sauces |
|-----------------------------------|-------------|
| Garlic & parsley | Peppercorn |
| Basil, parmesan & sundried tomato | Stilton |
| Chilli, coriander & lime | Salsa verde |
| Mustard & pink peppercorn | |
| Horseradish | |
| Chive | |



Pizzas

Artisan stone-baked, 11 inch pizzas with a rich tomato & basil sauce, finished with mozzarella

Margherita (V)(GFO)	£11.95
Mozzarella cheese with rich tomato sauce	
Veggie classic (VG)(GFO)	£11.95
Tomato, red onion, mushroom, peppers & homemade basil pesto	
Ham & mushroom (GFO)	£12.95
BBQ chicken & bacon (GFO)	£12.95
Sticky BBQ chicken, smoked streaky bacon, red onion and peppers	
Meat feast (GFO)	£13.95
Spicy beef, BBQ chicken, chorizo and jalapenos	

Children's Menu

7" Margherita pizza (V)	£6.95
Sausage and mash (GFO)	£6.95
Chicken nuggets (GFO)	£6.95
Mini Stable beef burger (GFO)	£6.95
With or without cheese, served in toasted bap	
Homemade fish cakes	£6.95
Flaky white fish combined with creamy mashed potato, served with homemade tartar sauce	
<i>All meals are served with mash or chips, peas, beans or salad</i>	

Sides

Bread and butter (V)	£1.50
2 slices of bread, served with salted butter	
Coleslaw	£1.50
Onion rings	£2.95
House salad (V/VG/GFO)	£3.95
Fresh salad leaves, tomatoes, red onions, & cucumber with a light homemade dressing	
Chips (V/VG/GFO)	£3.95
Seasoned with Cornish sea salt	
Garlic pizza bread (V)	£4.95
Cheesy garlic pizza bread (V)(VGO)	£5.95

Desserts

Selection of Moomaid Cornish Ice Cream	£3.00
Neapolitan Tear	£6.95
Served with berry compote	
Millionaire chocolate praline tart	£6.95
Served with chocolate sauce and clotted cream	